



With VITAS, your patients receive coordinated, comfort-focused care that improves outcomes and reduces stressful and costly care transitions.

**Refer a patient or get information:**

Call **800.93.VITAS** or visit **VITAS.com/Referrals**

## Managing High-Cost, High-Need Patients Without the ED:

### Learn 5 Indicators for Hospice

Primary care teams are essential in coordinating care for high-cost, high-need patients with advanced illnesses. Hospice supports your team through symptom management, fewer unnecessary hospitalizations and smoother care transitions. A NORC study shows hospice enrollment significantly reduces hospital readmissions and emergency department visits, helping patients avoid repeated acute care while improving comfort and lowering overall costs of care.<sup>1</sup>

#### Signs It May Be Time to Explore Hospice

Call **800.93.VITAS** if **two or more** of the following apply:

- Dependent in 2–3 of 6 activities of daily living**
- Shortness of breath or fatigue even at rest**
- Multiple ED visits or hospitalizations**
- 10% weight loss in the past 6 months**
- Recurrent falls with injury**

#### VITAS Supports Effective Care Coordination



**Interdisciplinary Team Approach:** Physicians, nurses, social workers, and chaplains collaborate to address medical, emotional, and spiritual needs.



**24/7 Clinical Support:** Immediate access to hospice clinicians for urgent symptom management and guidance.



**Onsite Medications, Supplies, and Equipment:** Eliminates delays and prevents unnecessary transfers.



**Dedicated Telecare Line:** Ensures real-time communication for care decisions.



**Smooth Transitions:** Aligns care with patient and family goals while reducing costly, disruptive hospitalizations.



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